

# COLERIDGE PE

## CLUBS AND ENRICHMENT

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**DURING THIS TERM WE HAVE OFFERED OVER 24 SPORT CLUBS. THE CLUBS ARE OFFERED BEFORE, DURING (LUNCH TIME) AND AFTER SCHOOL.**

**WE AIM FOR EVERY STUDENT TO ATTEND A SPORT CLUB AT SOME POINT DURING THE TERM/YEAR. OUR CLUBS ARE DELIVERED BY THE PE DEPARTMENT AND LOCAL COMMUNITY COACHES.**





## Primary School Event Leaders (School Games)



At Coleridge, the PE department has an extended role leading on the school games events in the local area for Primary schools. It provides a significant amount of leadership opportunities for our students. We have organised, hosted and ran several events this year with the help of the amazing Coleridge sport leaders.

This term we have planned, delivered and hosted two sports festivals on the field, led by our sport leaders (pictured left), this involved over 16 Primary schools and over 200 students, with Public Health coming along to talk to students but the importance of healthy eating.

We went to Cambridge Rugby Club and delivered Tag rugby for year 5 and 6 student, the up take was incredible, 20 Primary schools and our leaders assisting the scoring and umpiring.

IN OCTOBER WE HOSTED THE PRIMARY PANATHLON, DELIVERED BY OUR SPORT LEADERS. PRIMARY STUDENTS FROM 12 PRIMARY SCHOOLS COMPETING IN PANTAHLON GAMES. EVENTS INCLUDED KURLING, BOCCIA, TARGET THROW, ADAPTED TABLE TENNIS.

IN MID-NOVEMBER, WE DELIVERED ONE OF BIGGEST EVENTS OF THE YEAR, THE PRIMARY CROSS COUNTRY, OVER 600 STUDENTS INVOLVED FROM 24 PRIMARY SCHOOLS. OUR LEADERS, ORGANISED THE FINISH LINE, MARSHALLED THE EVENT AND DID THE PACE RUNNING.

WE FINISH THE TERM WITH PRIMARY DODGEBALL IN THE SPORT HALL AND GYM, WITH OVER 20 PRIMARY SCHOOL SIGNED UP TO THE EVENT.

IN TOTAL, OVER 1000 PRIMARY STUDENTS IN THE LOCAL AREA WILL HAVE ACCESSED SPORT THROUGH OUR OFFER AND OUR SPORT LEADERS DELIVERING THE EVENTS.





# INTER CAMPUS CLUSTER FIXTURES



## KS4 INTERCAMPUS BADMINTON AND TABLE TENNIS KS4

20 STUDENTS FROM COLERIDGE ATTENDED A KS4 INTER CAMPUS BADMINTON AND TABLE TENNIS EVENT AT TRUMPINGTON COMMUNITY COLLEGE ON 29 NOVEMBER. THE EVENT WAS A GREAT SUCCESS, WITH SOME FANTASTIC RESULTS ALONG THE WAY. COLERIDGE STUDENTS WERE THE EVENTUAL WINNERS OF THE TABLE TENNIS COMPETITION





# Rugby



**OVER 50 STUDENTS HAVE  
ACCESSED THE RUGBY CLUB  
AND FIXTURES THIS SEASON**

**YEAR 7  
FINISHED JOINT SECOND  
PLACE IN THE DISTRICT  
COMPETITION AT CAMBRIDGE  
RUGBY CLUB. THE STAND OUT  
GAME WAS AGAINST  
MELBOURNE, END TO END  
RUGBY, WHICH WE LOST BY  
ONE TRY**



**YEAR 8  
AFTER DEFEATING NCA IN THE  
SMALL SPORTS COMP**

**YEAR 9  
YEAR 9 FINISHED A SOLID 3RD  
PLACE**



**Y9 GIRLS  
WON 25-20 AGAINST  
TRUMPINGTON IN THEIR FIRST  
FIXTURE**



# ROWING

THIS YEAR COLERIDGE ROWING CLUB HAS BUILT ON THE SUCCESSES OF ITS INAUGURAL YEAR, BUILDING MEMBERSHIP AND DEVELOPING TRAINING. WE NOW HAVE A YEAR 7, 9 AND 10 COHORT TRAINING INDOORS EACH WEEK AND 2 YEAR 10 CREWS ROWING ON THE RIVER CAM EVERY FRIDAY.

AS THE CLUB HAS GROWN, IT HAS BEEN WONDERFUL TO SEE THE MORE EXPERIENCED ROWERS SUPPORTING THE YOUNGER ROWERS IN DEVELOPING THEIR TECHNIQUE DURING THE INDOOR SESSIONS. THE MORE EXPERIENCED ROWERS HAVE REALLY SHOWN THEIR COMMITMENT TO SPORT THROUGH COMPLETING REGULAR HARD ERG CHALLENGES ON THE INDOOR ROWING MACHINES AS WELL AS ADDITIONAL STRENGTH AND CONDITIONING TRAINING.

AT THE BEGINNING OF NOVEMBER WE SENT 3 TEAMS TO THE PRESTIGIOUS QUEENS ERG'S INDOOR ROWING COMPETITION HOSTED BY AT THE UNIVERSITY OF CAMBRIDGE BY QUEEN'S COLLEGE. THIS INCLUDED A TEAM OF OUR NEW Y7 ROWERS WHO PERFORMED EXCELLENTLY. WELL DONE TO EVERYONE INVOLVED IN THIS COMPETITION.

YEAR 10 ROWERS HAVE BEEN ROWING ON THE RIVER CAM DURING THEIR PE LESSONS EACH WEEK AND HAVE MADE SIGNIFICANT PROGRESS DESPITE SOME CHALLENGING WEATHER CONDITIONS. WE HOPE TO EXTEND THIS TO OTHER YEAR GROUPS AS THE YEAR PROGRESSES.







# FOOTBALL

## NATIONAL CUP (U14 AND U16)

SINCE SEPTEMBER THE U14 AND U16 BOYS FOOTBALL TEAMS HAVE BEEN COMPETING IN THE ENGLISH SCHOOLS NATIONAL PLAYSTATION SCHOOLS CUP. THE YEAR 11 TEAM PROGRESSED THROUGH TO ROUND TWO BEATING A TEAM FROM HITCHIN 4-2 IN THE OPENING FIXTURE. IN ROUND 2 THE YEAR 10 SQUAD WERE BEATEN 4-0 BY A SCHOOL FROM ROYSTON. THE YEAR 9 SQUAD WERE BEATEN BY SCHOOL FROM BEDFORD 2-1, AND NEARLY AWARDED A LAST MINUTE PENALTY TO FORCE THE GAME TO EXTRA TIME.



On Friday 1 December, the U13 Girls Football team went to the Girls Football competition at Trumpington. They had some great success with Captain Nadine (Y8) leading the way with a hat-trick in our last game to help with the 5-0 win over St John's. The team had a great tournament just missing out on a place in the semi-finals.





# CROSS COUNTRY



THE DISTRICT CROSS-COUNTRY WAS HELD AT NETHERHALL IN A WET AND WINDY CONDITIONS. WE TOOK A NUMBER OF STUDENTS ACROSS KS3 AND KS4 AND HAD REPRESENTATIVES IN EVERY RACE. INDIVIDUALLY OUR STUDENTS HAD A MIXTURE OF EXPERIENCES, HOWEVER TWO STUDENTS GAINED QUALIFICATION TO RUN IN THE COUNTY SCHOOLS COUNTY FINALS, THE NEXT STAGE, CONNOR (YEAR 11) FINISHED 2ND AND EMMA (YEAR 11).



# BASKETBALL

COLERIDGE U16 WENT UP AGAINST TRUMPINGTON TAKING THE 46-29 WIN TO START THEIR SEASON. THE TEAM FEATURED GCSE PE STUDENTS WITH Y9 HUGO MAKING AN APPEARANCE TO BRING HIS TALENT AND EXPERIENCE INTO THE TEAM. THE TEAM WORKED ON DIFFERENT COMBINATIONS WITH A LOT TO TAKE AWAY FROM THE GAME BUT SHOWED A STRONG AND DOMINANT PERFORMSNCCE.







## FITNESS SUITE



LUNCH TIME CLUB WITH GIRLS FITNESS

THE NEW FITNESS SUITE HAS BEEN USED IN LESSON AND AT OUR FRIDAY LUNCH TIME CLUB. THE GIRLS ONLY CLUB HAS BEEN USED BY 12 STUDENTS EVERY WEEK TO LEARN AND IMPROVE THEIR TECHNIQUE WITH GYM EQUIPMENT TO BE ABLE TO FEEL MORE CONFIDENT USING THE EQUIPMENT AND TO HAVE A SPACE TO WORKOUT.



# Y10 TRIP TO GRAFHAM WATER

**YEAR 10 SPORT STUDIES  
GROUP WENT TO GRAFHAM  
WATER AS PART OF THEIR  
COURSE TO COMPLETE TWO  
OUTDOOR ACTIVITIES, HIGH  
ROPES AND MOUNTIAN  
BIKING. PLENTY OF  
RESLIENCE, DETERMINATION  
ON SHOW AND LOTS OF FUN!**







## DRAGONS DEN

16 YEAR 7 STUDENTS COMPLETED A 'DRAGONS' DEN PROJECT ON TUESDAY 28 NOVEMBER. THIS PROGRAMME CENTRES AROUND YOUTH VOICE AND PROVIDES A PLATFORM FOR YOUR STUDENTS TO CREATE AND IMPLEMENT THEIR OWN EXTRA-CURRICULAR CLUB WITHIN COLERIDGE. STUDENTS ATTENDED A WORKSHOP DELIVERED BY LIVING SPORT. IN THE WORKSHOP, THEY LOOKED AT THE IMPORTANCE OF INCLUSIVITY, DIVERSITY, PROJECT PLANNING (INCLUDING BUDGETING, CONTINGENCY PLANS, MARKETING STRATEGIES, PROMOTION IDEAS ETC), WHAT IT INVOLVES RUNNING AN EXTRA-CURRICULAR CLUB AS WELL AS LEARNING SKILLS ON HOW TO PRESENT/PITCH AND LOOKING AT HOW TO CREATE A PERSUASIVE PRESENTATION/PITCH. AT THE END OF THE WORKSHOP, STUDENTS PRESENTED THEIR IDEAS AND THE PANEL DISCUSSED AND DECIDED THAT THE TEAM THAT PRESENTED A 'GLOW' IN THE DARK FITNESS SESSION WAS THE WINNER ! WATCH THIS SPACE, THE GROUP OF STUDENTS WILL HAVE A £1000 FUNDING TO SPEND ON THEIR NEW EXTRA-CURRICULAR CLUB. EXCITING!



# SPORT AMBASSADORS



THIS YEAR 15 STUDENTS FROM Y8-10 HAVE BEEN SELECTED AS THE COLERIDGE SPORTS AMBASSADORS, THEY MEET ONCE A HALF TERM TO DISCUSS PE AT COLERIDGE AND WILL BE HELPING CREATE OUR TERMLY NEWSLETTER. THEIR ROLE IS TO REPRESENT THE PE DEPARTMENT IN EVENTS SUCH AS THE OPEN EVENING, SPORT LEADERS AT PRIMARY FESTIVALS AND TO BE THE STUDENT VOICE REPRESENTATIVES.

## SPORT AMBASSADORS

## YEAR

UZAIR, HASSAN, ANJA & MARYAM

8

ELUKA, MILES, AVA, VENERE & NICOLE

9

DEMIR, JAMES, CHARLIE, BELLA-ROSE, EMILY &  
SOPHIE

10



# INDIVIDUAL ACHIEVEMENTS

## VENERE Y9 FUTURE CHAMPIONS GRANT FOOTBALL

MISS LALLY WAS FORTUNATE TO BE INVITED BY VENERE TO ATTENDED THE SIR ARTHUR MARSHALL FUTURE CHAMPIONS AWARDS EVENING, WHERE TALENTED ATHLETES IN THE COUNTY ARE AWARDED A GRANT FOR THEIR RESPECTIVE SPORTS.

THERE WERE OVER 150 APPLICANTS AND VENERE PUGLIESE (Y9) WAS ONE OF 30 WHO RECEIVED A GRANT FOR FOOTBALL. VENERE HAS RECENTLY BEEN SELECTED FOR THE CAMBRIDGE UNITED DEVELOPMENT SQUAD AS WELL AS PLAYING FOR CHERRY HINTON LIONS. THE MAYOR OF CAMBRIDGE EVEN MENTIONED VENERE IN HER SPEECH RECOGNISING SHE WAS THE ONLY FEMALE FOOTBALLER IN THE COUNTY TO BE AWARDED.  
CONGRATULATIONS VENERE!



# INDIVIDUAL ACHIEVEMENTS

## VATAN Y11 INTERNATIONAL FOOTBALL CALL UP

A HUGE CONGRATULATIONS TO VATAN OZCAN (YEAR 11) FOR BEING CALLED UP TO THE ENGLAND AND TURKEY FOOTBALL U16 SQUADS. THIS IS AN INCREDIBLE ACHIEVEMENT, THE PINNACLE OF ANY SPORT, WHICH HAS TAKEN A HUGE AMOUNT OF HARD WORK, DETERMINATION/, DEDICATION TO THEIR SPORT TO GET TO THIS LEVEL (AND OF COURSE HIGH SKILL LEVEL). WE ARE SO PROUD AT COLERIDGE TO BE ABLE TO CELEBRATE THIS SUCCESS. RECENTLY, VATAN PLAYED AGAINST GERMANY FOR TURKEY.



PLEASE EMAIL THE PE DEPT WITH ANY SPORTING ACHIEVEMENTS THAT WE CAN FEATURE IN OUR NEXT NEWSLETTER